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— ACCESSIBLE TOURISM —

Valencia Accessible City Guide

5-day itinerary



for people with
reduced mobility

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Destination: Valencia

Valencia enjoys more than 300 sunny days a year. This fabulous Mediterranean climate invites you to dive into the **accessible beaches** of the city and eat a delicious paella on the terrace of a restaurant.

You've probably heard praise for the exquisite Spanish paella. This dish originated in the rural areas of Valencia between the 15th and 16th centuries. Likewise, this **accessible destination** is known for the Fallas festivities—declared Intangible Cultural Heritage by Unesco—and for hosting one of the largest scientific dissemination complexes in Europe.

In this guide we propose you make a five-day **accessible itinerary**. However, you can select the information that interests you and plan your trip in the time you have.

You will discover...

- Tourist attractions that you can visit as a person with **reduced mobility** and description of their **accessibility**.
- **Accessible transportation** options.
- Recommended hotels from our catalog.
- Multiple links of interest.



Airport accessibility

Valencia International Airport is located 8 kilometers west of the provincial capital. It receives passengers from all over the world, with the majority coming from Italy, the United Kingdom, Germany and France.

All airports operated by the Spanish public company Aena offer a **free assistance service for people with reduced mobility**. This must be requested at least 48 hours before. In addition, it is possible to do so through the airline or Aena's [communication channels](#).

Inside and outside the terminals there are meeting points where users with **disabilities** announce their arrival and receive assistance until they reach the plane's seat. Other questions about assistance can be resolved in the [frequently asked questions document](#).

As the [official website of the Valencia International Airport](#) indicates, it is also recommended travelers arrive two and a half hours before the flight departs.

Recommended hotels



Hotel ILUNION Valencia 4

The ILUNION Valencia Hotel (4-stars) has worked hard to make its facilities accessible to all, offering multiple technical aids and a perfectly qualified staff to help whenever necessary, making it ideal for visitors with reduced mobility to enjoy a fantastic accessible holiday. [...]



[Learn more](#)



Hotel ILUNION Aqua 4

The ILUNION Aqua 4 is an avant-garde four-star hotel located in Valencia, near the Malvarrosa beach and the City of Arts and Sciences.

The warm and cozy Accessible Rooms, with a cream and wood tones design, are equipped with all the necessary comforts to enjoy an ideal adapted trip. [...]



[Learn more](#)



Hotel Ilunion Valencia 3

The Hotel ILUNION Valencia 3, with a three-star category, is located in the business area of the city, near the Valencia Conference Center, with good connections to the airport, the train station or the port.

It is an adapted accommodation that is Certified in Universal Accessibility, with numerous technical aids and highly qualified personnel. [...]



[Learn more](#)

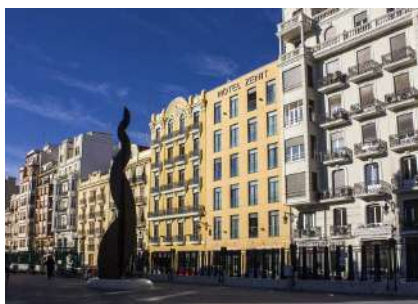


Sercotel Sorolla Palace

Sercotel Sorolla Palace is a cozy hotel adapted for people with reduced mobility, superior 4 stars, located near the Palacio de Congresos de Valencia, and is very well connected with the Exhibition Center, the city center and the airport. [...]



[Learn more](#)



Zenit Valencia

The Zenit Valencia Hotel is located in the historic center of the city, next to the main railway station, the North Station, and only 400 meters from the Town Hall. It has an excellent location to make accessible tourism and visit places like the City of Arts and Sciences, Water Court, the Central Market and the Silk Exchange. [...]



[Learn more](#)



Meliá Plaza Valencia

The Meliá Plaza Hotel is located in the heart of Valencia, right in the Town Hall Square, with excellent communication to and from any point in the city. With a warm and functional decoration, the bright and quiet Adapted Room has been specially designed for guests to fully enjoy the stay.[...]



[Learn more](#)



Hotel Ilunion Aqua 3

ILUNION Aqua 3 is located in the heart of Valencia (near the L'Oceanogràfic), a destination that has become a benchmark for quality tourism.

The cozy accessible rooms, with facilities free of physical barriers and a design in cream and wood tones, offer all the comforts to enjoy an ideal accessible trip.



[Learn more](#)



Hotel Silken Puerta Valencia

The Silken Puerta Valencia is an accessible four-star hotel that stands out with a modern and characteristic facade in a central area of Valencia. Its location is excellent for exploring the historic center, visiting the City of Arts and Sciences (just fifteen minutes away), going to the beach and enjoying a show at the Palau de la Música.



[Learn more](#)



Hotel Conqueridor

The Hotel Conqueridor has an excellent location in the center of Valencia, next to the old town. This four-star establishment has accessible common areas for guests with reduced mobility so they can enjoy a comfortable stay in the city. [...]



[Learn more](#)



5-day accessible travel itinerary

PHOTO: ANDREA CASTELLO ON PIXABAY

Day 1

The historic center of Valencia has more than 2,000 years of history. Originally it was known as Valentia, "the land of the brave". The traces of the Romans, the Visigoths and the Muslims who inhabited this city since its foundation in 138 BC can still be seen today.

The first day of the itinerary will be dedicated to delving into the history of this tourist destination. To begin, head towards the **Plaza de la Virgen**, probably one of the most beautiful meeting points in the capital.

The central square is surrounded by iconic buildings such as the **Royal Basilica of the Virgen de los Desamparados**, the **Palace of the Generalitat** and the unmistakable **Cathedral**. Likewise, it is presided over by a fountain —the work of the Valencian sculptor Manuel Silvestre Montesinos— that represents the Turia river.

Enter the Cathedral dedicated to the Assumption of Mary. The building dates from



PHOTO: ANDREA CASTELLO ON PIXABAY

the 13th century and houses architectural elements from various eras, although Gothic is predominant. Inside you can discover a museum with canvases by renowned Spanish artists such as Mariano Salvador Maella and Francisco de Goya. It also treasures historical relics such as the famous Holy Grail.

Wheelchair users can enter through the Puerta de los Hierros, as it has a ramp. The cultural visit has a reduced ticket for visitors with **disabilities**, with a current rate of €5.50 (check the [official website](#) to see any changes).

As the Cathedral's own [website](#) also points out, there is an elevator in the Museum and accessible restrooms in the spaces that can be visited.

The **San Nicolás de Bari and San Pedro Mártir Parish** is another place that you should include in your itinerary. It is known as the "Valencian Sistine Chapel". A reduced ticket fee is applicable to people with **disabilities**. The visit can last approximately 50 minutes.

Then you can go to the **Central Market** and buy some of the delicious local products. Inside is a bar that serves tapas.





The next stop will be at **Lonja de la Seda**, declared a World Heritage Site by UNESCO since 1996. This civil Gothic masterpiece symbolized the city's commercial prosperity in the 15th century.

The place is made up of four different parts: the Tower, the Consulate of the Sea Room, the Patio de los Naranjos and the Columnar Hall.

[Puedo Viajar](#) provides very useful information that you should take into account before the visit. Note that there is an **accessible entrance with a stair lift**, near the main door

at the rear of the building. It also clarifies that the Tower and the chapel are only accessible through stairs.

Visitors with **reduced mobility** can use the **accessible restrooms** inside. If you travel by car, you will find reserved parking near the front façade.

As a curiosity, you can see the narrowest farm in Spain just 170 meters away from the Lonja. Finally, stroll calmly through the **Plaza del Ayuntamiento**.



PHOTO: JARED PEDROZA ON PIXABAY

Day 2

Start the morning with a walk through the beautiful **Turia Garden**. As the city's green lung, it occupies about 12 kilometers in length and offers numerous services.

As indicated by [Visit València](#) (the city's official tourism website), there are **accessible public restrooms** you can find every 600 meters. The surface is mostly flat and without unevenness. Likewise, the ramps usually have a slope that varies from 4% to 15%.

It reaches the famous **[La Ciutat De Les Arts & Les Ciències](#)**. It is one of the largest scientific

and cultural popularization complexes in Europe. It opened its doors in 1998 and has several buildings: the Príncipe Felipe Science Museum, L'Umbracle, El Oceanográfico, L'Hemisfèric, the Reina Sofía Palace of the Arts, the Assut de l'Or Bridge and The Agora.

The facilities of La Ciutat De Les Arts & Les Ciències are quite prepared for visitors with **reduced mobility** or in a **wheelchair**. [Visit València](#) provides quite useful information on the accessibility of buildings. All the data you will find below has been obtained from that source.



PHOTO: MILAN CHUDOBA ON PIXABAY

The **Science Museum** is a "benchmark for interactive science" and has more than 42,000 square meters of surface area. The exhibits will fully arouse your curiosity.

The site has **accessible parking** at the Umbracle which is connected to the museum via elevators. It can be easily accessed through the main entrance, and there are adapted counters with a height of 75

centimeters to be able to properly serve customers in wheelchairs. The corridors are wide, and the three floors can be accessed by elevator.

Exhibitions have a non-slip floor and ramps that lead to the modules. Likewise, the accessible restrooms are located on the Ground Floor, which include WC's with grab bars on the sides and lowered washbasins.





PHOTO: JOANJO PUERTOS MUÑOZ ON PIXABAY

To access the **L'Hemisferic** there is an alternative entrance with an accessible elevator, and it is necessary to notify the staff. The site has **accessible restrooms** with WC with grab bars and at the appropriate height, anti-slip floor and 90-centimeter high washbasin. Its "Projection Room" has four places for **wheelchairs**. The cafeteria and shop are also accessible, with level entrances.

The **Hemisferic** designed by Santiago Calatrava, represents "the eye of wisdom". It houses the largest room in the country with three projection systems: large format cinema, 3D digital cinema and fulldome system (astronomical representations and shows).



PHOTO: [DAVID LIFF](#). LICENSE: CC BY-SA 3.0

The **[Oceanografic](#)** —the largest aquarium in Europe— has its main access located at Calle Eduardo Primo Yufera, 1 B. The reception desks are lowered so **wheelchair** users can receive adequate attention. In addition, there are **accessible itineraries** on all floors.

We advise you to visit the three buildings mentioned. [Plan your visit in advance and buy a combined ticket](#) if you feel like it. If you don't have time to go all the way today, reserve time to come back the next day. It's totally worth it.



Day 3

On the third day, take the opportunity to do everything that you could not the day before.

Later, visit the **Fallas Museum**. The Fallas are born as a result of an ancient custom that the Valencian carpenters had. On the eve of Saint Joseph's Day, they lit a bonfire with old furniture as a celebration. It is also said that this tradition may be an evolution of pagan rituals, where fire purified the bad before the arrival of the solstice.

On the night of March 19, hundreds of Fallas monuments burn in the squares and streets of Valencia. Each one presents a message and/or a criticism behind it, which is addressed with a good dose of art, satire and humor. However, by popular vote, each year two “ninots” (“sculptures or sculptural groups that make up the fallas”) are saved and installed in the



PHOTO: ALEJANDRO VIDAL ON PIXABAY



Fallero Museum. Therefore, you can meet those who have escaped the flames since 1934.

Visit València indicates that the ground and first floors are connected by elevator. The pavement is non-slip. In addition, there are **accessible restrooms** for men and women.



Next, head towards the **Botanical Garden**. There, more than 4,500 species from different parts of the world are cultivated. Each of its corners will transmit a lot of peace to you.

You should know that admission is free on certain days of the year (dates subject to change): January 31, March 21, April 18, May 18, May 22, June 5 and the last Sunday of November.

Visit València points out that the pavement is homogeneous and compact earth. Every 25 meters you will find benches to rest. There is also an **accessible restroom** next to the entrance to this green haven.

The **Torres de Quart** are nearby, which date back to the 15th century. Take the opportunity to take a picture of them.



PHOTO: JOSÉ SOMOVILLA ON PIXABAY

Day 4

The time has come to take an excursion to the **Albufera de Valencia**. This reserve treasures the largest freshwater lake in Spain, as it occupies more than 2,800 hectares. Throughout the year hundreds of different species of birds take refuge in this place.

Do not miss the opportunity to contemplate the Albufera from a boat. The Albufera Parc

company is certified with the Parcs Naturals Brand, thus guaranteeing good environmental practices. They also want everyone to enjoy a barrier-free experience. For this reason, they have **accessible boats** for people with **reduced mobility**.



Day 5

On the last day, relax in the Mediterranean Sea. Valencia has three **beaches with accessible points** in summer (it is advisable to check their availability schedules in advance): La Malvarrosa, El Cabañal and Pinedo.

As set out in the 2021 Accessible Points Report, there are informative posters and social monitors or assistants who provide the necessary help to people with **disabilities**.

The beaches have **accessible walkways, amphibious chairs** for adults and children, **lifting cranes and harnesses, amphibious crutches**, floats, accessible parking spaces, drinking fountains, showers and **accessible changing rooms**.



More accessible attractions

1 Perhaps you travel to Valencia exclusively to see the **Fallas**. The monuments are exposed in the streets, so anyone can visit them. However, we recommend that you plan your tour in advance. The crowds and noise will be very present, so it is better not to improvise. Visit València provides a map of the best Fallas. Write down the ones you would most like to see and their respective addresses.

2 The **Museum of Fine Arts of Valencia** was founded in 1837 and hides valuable works such as Velázquez's Self-portrait or the Virgin with Child and donor by Pinturicchio. As indicated by Visit València, the building has access with a **lifting platform** and an **accessible unisex restroom**.

3 The **González Martí National Museum of Ceramics and Decorative Arts** was declared a historical monument in 1941. According to the Ministry of Culture and Sports, the entrance for **wheelchair** users is located at Calle Poeta Querol, 2. All the rooms are accessible, some of them by elevator or **platform lift**.

4 **BIOPARC Valencia** is **accessible** on all its routes. People with **disabilities** have a 15% discount if they are properly accredited. If they necessarily need the assistance of another person, the accompanying persons may enter for free.



Transportation around the city

It is essential that during your trip you can move around properly. Therefore, do not forget to take a look at the following list with information on accessible transportation:

- [Metro Valencia Accesible](#). Ferrocarrils de la Generalitat Valencia drew up an Accessibility Plan. "All the stations and stops of the network have adapted routes with ramps and elevators, with the exception of the València Sud station."
- [EMT Valencia](#). Since 2010, 480 urban buses have incorporated an automatic ramp and a kneeling system to facilitate access for wheelchair users.
- [Tele Taxi Valencia](#). Accessible taxis for people with reduced mobility to travel comfortably.



Medical attention

If a serious medical emergency arises during your stay, call **112**. If it's just a minor problem, head to the [nearest pharmacy](#).

We recommend that you save the links with the [lists of hospitals](#) and [medical specialties](#). Remember that anyone residing in the European Union, the European Economic

Area or Switzerland can receive free hospital and medical care at public health centers in Spain.

If you need orthopedic equipment, go to specialized stores such as [Kaldevi Ortopedia](#), [Más que Ayudas](#) or [Rodem](#).



Other useful information

Concierge Service

Travegali.com provides a **free Concierge service** to all its customers. It is in charge of finding the best accessible room. In addition, it helps with the reservation of mobility equipment, accessible activities, airport assistance and accessible transportation.

Accessible restaurants

Don't leave without trying the Valencian horchata and paella! The city has a variety of **accessible restaurants and bars** for people with **physical, visual and hearing disabilities.**



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