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— ACCESSIBLE TOURISM —

Rome Accessible City Guide

5-Day Itinerary



for people with
reduced mobility

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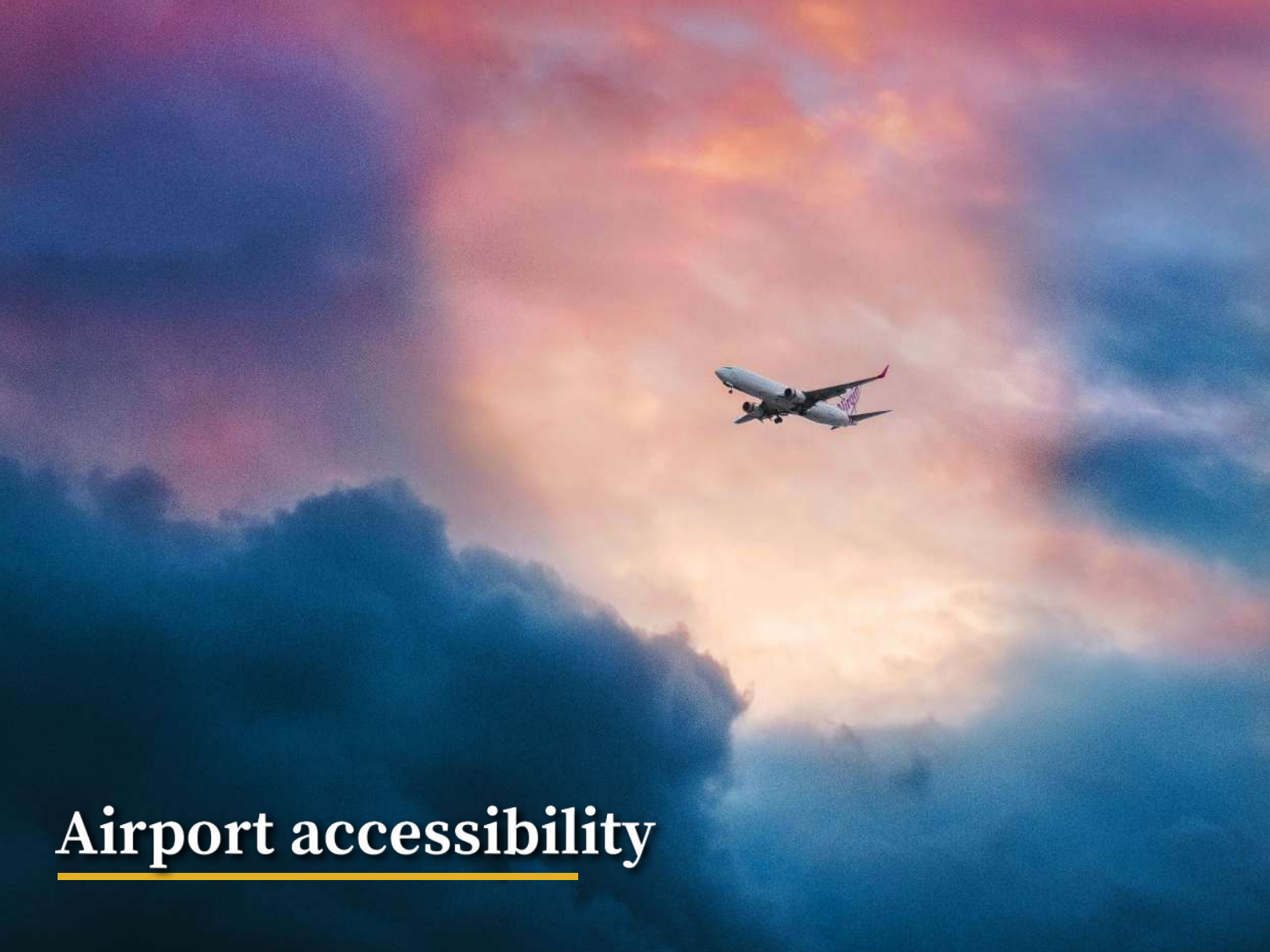
Destination: Rome

There is a beautiful reason why millions of visitors toss a coin into the famous Trevi Fountain. They all hope to return to one of the most enigmatic cities in the world, **Rome**. The Italian capital treasures a valuable historical and cultural heritage. Among them, numerous monuments that are accessible to people with **reduced mobility**.

In this guide we invite you to make a **5-day accessible travel itinerary**. However, you can always select the information that interests you and plan your trip in the time you have.

You will discover...

- What places can you visit as a person with reduced mobility.
- What activities are accessible in Rome.
- What accessible transportation options are available and where you can find them.
- Which hotels we recommend from our catalog.
- Where you can get medical or other assistance.



Airport accessibility

Rome has two airports. **Fuimicino** is the main airport in the city, and is located 30 kilometers away from the center. The smallest one, **Ciampino**, is 15 km away.

As specified on the [ADR Assistance Gruppo Aeroporti di Roma](#) website, passengers with **reduced mobility** have free assistance service available at both airports. It must be requested from the airline or tour operator at least 48 hours in advance.

In the event that you cannot book in advance, ask for assistance at the check-in counter or at the information points. The airport staff will do their best to help you, although the waiting time will be extended. If you travel with your own mobility equipment - such as a **wheelchair** or scooter - you must inform in advance. You can also [book **accessible transportation** that takes you from the airport to your hotel.](#)

Recommended hotels

TOP 5 IN ROME



Aleph Rome Hotel, Curio Collection By Hilton

The Aleph Rome Hotel Curio Collection By Hilton is located next to the Via Veneto, one of the best known streets of the city. This accessible hotel has spacious and luxurious facilities adapted for guests with reduced mobility.

[Book Now](#)

Best Western Plus Hotel Universo

The Best Western Plus Hotel Universo is an adapted 4-star hotel located 300 meters from Termini Station, in the tourist city of Rome and a short walk from the Basilica Santa Maria La Mayor.

[Book Now](#)

Best Western Premier Hotel Royal Santina

The Best Western Premier Hotel Royal Santina is a good place to stay while visiting the Italian capital and enjoying an unforgettable accessible holiday. With four stars, this modern hotel is close to places of great cultural value.

[Book Now](#)

Cardinal Hotel St Peter Rome

The Cardinal Hotel St Peter is next to Villa Doria Pamphili, Rome's largest urban park. Well-communicated through public transport, the hotel is ideal for guests interested in enjoying some accessible tourism in the Italian capital.

[Book Now](#)

Trevi Collection

The Trevi Collection Hotel is close to the most important places in the city such as the Plaza de España, the Trevi Fountain and the Barberini Square. The Spagna metro station is also very close to the accommodation, so that guests will ensure visiting every corner of Rome.

[Book Now](#)



5-day accessible travel itinerary

Our five-day itinerary is inspired by the [En Roma](#) travel blog. We have made the modifications you need to be able to carry it out. Due to their historical characteristics, certain monuments have limitations.

We hope you find the **accessibility information** we've added helpful and have fun on this barrier-free journey.



Day 1

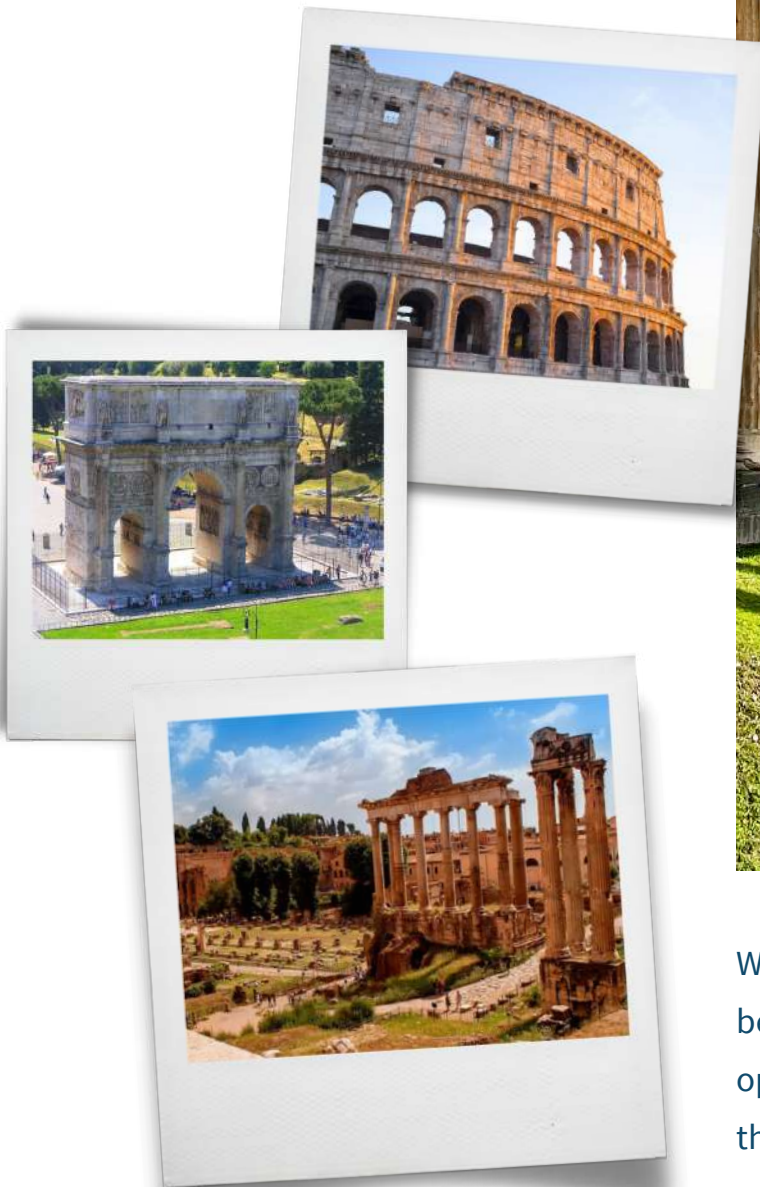
After settling in an accessible hotel, start your tour discovering Ancient Rome. Head to the iconic **Colosseum**, the largest amphitheater in the world. This symbol of the empire's victories dates back to the 1st century AD. and is known for being the scene of gladiator battles and other entertainment shows.

The **Archaeological Park of the Colosseum** welcomes tourists with different abilities. Thus, as its [official website](#) indicates, it has the following accessible facilities:

- Five **wheelchairs** at the entrances to the Roman Forum and the Palatine.

- Three **wheelchairs** on the first level of the Colosseum.
- Eight **accessible restrooms** located next to entrances and exits.
- Eleven automated external defibrillators.
- Seventy benches located near the fountains.
- A golf cart for visitors with reduced **mobility**.
- Signposted routes to access the monuments.
- Elevators and lifting platforms.

In the area you can visit other representative places such as the **Roman Forum**, which was the heart of the city; the **Arch of Constantine**, which commemorates the victory of Constantine I the Great in the Battle of the Milvian Bridge; the **Circus Maximus**, a building dedicated to chariot races; the **Domus Aurea**, an imposing palace that was built during the rule of Emperor Nero; or the **Palatine**, one of the oldest settlements.



When you have finished exploring the beautiful archaeological site, you can take the opportunity to eat at one of the restaurants in the **Monti neighborhood**.



In the afternoon, visit the **Basilica of San Giovanni in Laterano**, the cathedral of Rome. It has an entrance with a ramp in Piazza di San Giovanni in Laterano and an **accessible restroom**. In addition, [Rome's institutional website](#) indicates **wheelchair** users can circulate adequately within the building.

1.6 kilometers away is the **Papal Basilica of Santa María la Mayor**, also declared a World

Heritage Site by UNESCO. This church dedicated to the Virgin presents an alternative ramp to save the steps and reach the portico. It also accommodates an **accessible restroom**.

At dusk, head towards the **Piazza della Repubblica** and see its beautiful illuminated fountain. **Roma Termini Station** is just 900 meters away, so you can easily return to the hotel.



Day 2

After a replenishing breakfast, explore the **Vatican** Museums. Like most historical sites in Rome, they may have **accessibility** limitations. However, recently, these institutions have removed certain architectural barriers.

The Vatican Museums website indicates that people with a disability greater than 74%

enjoy free admission. If you need a companion, he or she can also enter at no cost. In addition, a great advantage is that people with disabilities have priority entry and avoid long lines.

Electric wheelchairs and **electric scooters** may not be able to enter some areas. If this happens, you can rent a **manual wheelchair** in the museum lobby.

You will also be able to see places of unrepeatable beauty such as the **Sistine Chapel**, the **Raphael Rooms**, **St. Peter's Basilica** or **St. Peter's Square**.



We advise you to follow the itinerary of accessible areas suggested by the Vatican Museums. Guided tours are not accessible, with the exception of barrier-free visits to the Vatican Gardens.



You will find excellent restaurants near the Vatican, where you can taste tasty Italian food. In the afternoon, you can stroll to the famous **Piazza del Popolo**. And, along the way, you may see the **Castel Sant'Angelo**, whose interior is not accessible to **wheelchair** users.

Finally, go to the beautiful Villa Borghese park. It does not have accessible routes per se, but you can make your way across the asphalt roads.





Day 3

Today you will see Rome from above. On the third day you must visit the central **Piazza del Campidoglio** and **Capitoline Museums**. Slowly browse the historical collections and photograph the famous Marcus Aurelius equestrian statue.

The [Capitoline Museums website](https://www.museicapitolini.org/en) recommends that people with reduced mobility contact 0667102071 prior to their visit. In addition, it details the existence of the following **accessible services**:

- **Wheelchairs** on request at the box office.
- Trained staff to provide assistance.
- **Ramps**, elevators and **stair lifts** at different points in the museum.

Make your way across **Venice Square**, presided over by the Vittorio Emanuele II monument. Your next stop is just 700 meters away: the **Trevi Fountain**, one of the most beautiful fountains in the world.



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Later, continue to the famous **Piazza di Spagna** and eat at one of the nearby restaurants.



In the afternoon, contemplate the imposing architecture of the **Pantheon** and discover two lively squares: **Navona** and **Campo de 'Fiori**.

End the day with the best views of the city from the **Janiculum**.



Day 4

Start the next-to-last day discovering the **Largo di Torre Argentina**, the tragic place where Julius Caesar was assassinated in 44 BC. There lie the remains of the four oldest temples in Rome. Also, the site is known as a "cat sanctuary" because of the number of felines that abound.

The **Jewish Quarter** can also be found nearby, where you can take the opportunity

to eat. Book a good restaurant in the area well in advance.

Take a short break and visit the **Boario Forum**, which is located on the banks of the Tiber River. Stop to take a picture at the **Bocca della Verità**.



The next stop will be the **Aventine Hill**. The **Orange Garden** is in the vicinity, which offers beautiful views.

Finally, go to the **Pyramid of Cestius**, an authentic Egyptian treasure.

You have the option of dining in the neighborhood. There are two metro stops nearby, making it easier for you to get back to your hotel.



Day 5

On the fifth day you can visit the **Baths of Caracalla**, as they are partially **accessible** for people with **reduced mobility**. In ancient times, this place was key for relaxing and socializing.

You will find a variety of restaurants and bars in the **Celio** neighborhood, so take a moment

to relax and enjoy a good meal.

Lastly, don't leave Rome without stopping at the **Circus Maximus** and Tiber Island. Finish the itinerary with a leisurely stroll through the **Trastevere neighborhood**.





More accessible attractions

1 There is a little corner of Rome that echoes the Middle Ages. Several fascinating buildings are discovered at **Villa Torlonia**. Among them, the **Casina delle Civette** stands out, which was the residence of Prince Giovanni Torlonia jr. until 1938. This refuge was formerly a Swiss cabin that was transformed into a noble residence.

Its first floor is accessible via an elevator suitable for small wheelchairs - it has an opening of 76 centimeters and a depth of 108 centimeters. If you need to do so, borrow the chair at the museum. The entrance to the garden is direct. Some rooms have a step, so it is recommended to be accompanied.

2 If you have the chance, visit **Quartiere Coppedè**, a building complex designed by the Italian architect Gino Coppedè. You will be surprised by its elegant, varied and original architecture.

3 **Big Bus Tours Rome** allows you to see the main sights from a panoramic perspective. Most buses are accessible to wheelchair users. Be sure to contact them a few days before through the form on its website to notify them of your arrival.



More accessible attractions

4 The **MACRO - Museum of Contemporary Art of Rome** promotes international and national contemporary art. It has accessible bathrooms and a [wheelchair loan service](#).

The **MAXXI - National Museum of the Arts of the XXI century** is another option that you may like. This institution is [fully accessible](#) for people with reduced mobility. Wheelchairs are available, which can be reserved by calling +39 06 3201954 two days before your visit.

5 Across the Tiber river, [Romolo e Remo](#) **organizes guided tours to Ostia Antica**. The boats have a cabin with 90 seats. In addition, they have the advantage of being prepared to welcome tourists with disabilities. The tour lasts approximately 2 hours.



Transportation around the city

It is essential that during your trip you can move properly where you want. Learn more about local transportation in the following links:

- **Trenitalia**. Assistance to people with reduced mobility for the main railway group in Italy.
- **Italo treno**. Service for passengers with reduced mobility.
- **ATAC S.p.A.**. Accessibility by tram, metro and train in Rome.
- **SanitariAmore**. Wheelchair rental in Rome and the province.



Medical attention

Remember that the number **118** is available in case of a serious health emergency. You can also go to public hospitals such as the Umbero I Polyclinic, the Casilino Polyclinic, the Ospedale San Pietro or the San Camillo Forlanini.

If it is a minor ailment, you will find several 24-hour pharmacies located in the city center.

Purchasing health insurance is practically essential. Also, if you travel by plane with medications, take them with you in your hand luggage accompanied by a medical prescription.



Other useful information

Climate

Rome's climate is pleasant all year round. As the [Roma Tourism](#) website points out, in July and August the heat intensifies, while the cold is concentrated between December and January. Therefore, it is recommended to go to the city during the spring and autumn.

We let you decide. The following links show the weather conditions so that you can choose when the ideal time to travel is:

- [El tiempo](#). 14-day weather forecast.
- [AccuWeather](#). Daily, monthly weather and air quality.



Other useful information

Emergency numbers

For your convenience, we outline the list of emergency numbers provided by the [Agenzia Nazionale del Turismo](#):

- 113 – State police
- 112 – Carabinieri Police Force
- 117 – Finance Guard
- 115 – Fire Service
- 118 – Health Emergencies
- 803.116 – Road Rescue
- 1515 – Forest Fire
- 1530 – Coast Guard

Tourist information

Rome has several [tourist information points](#) that are open regularly. They are in the heart of the city, Roma Termini station and airports, among other locations.

However, you will always have Travegali's free assistance service to enjoy a personalized trip. Contact us!

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